



A SPIRITUAL RETREAT ON THE CATHOLIC SPIRITUAL LIFE
ACCORDING TO THE CARMELITE SAINTS AND ST. THOMAS AQUINAS
PREACHED BY THE HERMITS OF OUR LADY OF MOUNT CARMEL

Fall, 2019 Retreats:
Boston, MA - Aug. 22 - 25, 2019
Denver, CO - Sep. 5 - 8, 2019

- ⊕ Silent spiritual retreat covering prayer and the most essential and transforming aspects of the Catholic spiritual life according to St. Teresa of Avila, St. John of the Cross, and St. Thomas Aquinas.
- ⊕ Additional retreats will be offered throughout 2020. Please contact the Hermits for more information.

For more information or to register, please contact:
contact@eremitaednmc.org



ABOUT THIS RELIGIOUS COMMUNITY

The **Hermits of Our Lady of Mount Carmel** is a Roman Catholic religious community reviving a strict contemplative religious life according to the ancient Carmelite charism in its original eremitical form. They follow the life of the first community of hermits on Mount Carmel and the primitive Carmelite Rule written for them by St. Albert of Jerusalem in the early 1200s. Dedicated to the spiritual renewal of the Church, in addition to their contemplative religious observance, the Hermits exercise a specific priestly apostolate for the sanctification of priests, seminarians, and the lay faithful. Thus, helping souls advance in spiritual and moral perfection based on traditional Catholic doctrine and spirituality, the Hermits work in the vital heart of the Church and contribute to authentic spiritual renewal in families and every level of Catholic life and society.

HERMITS OF OUR LADY OF MOUNT CARMEL

P.O. BOX 485, FAIRFIELD, PA 17320

WWW.EREMITAEDNMC.ORG

CONTACT@EREMITAEDNMC.ORG

1-(707)-722-7635